

## Package leaflet: Information for the user

### Ciprofloxacin Cinfa 250 mg coated tablets

Ciprofloxacin hydrochloride

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### What is in this leaflet

1. What Ciprofloxacin Cinfa is and what it is used for
2. What you need to know before you take Ciprofloxacin Cinfa
3. How to take Ciprofloxacin Cinfa
4. Possible side effects
5. How to store Ciprofloxacin Cinfa
6. Contents of the pack and other information

#### 1. What Ciprofloxacin Cinfa is and what it is used for

Ciprofloxacin Cinfa contains the active substance Ciprofloxacin. Ciprofloxacin is an antibiotic belonging to the fluoroquinolone family. Ciprofloxacin works by killing bacteria that cause infections. It only works with specific strains of bacteria.

**Antibiotics are used to treat bacterial infections. They are not effective in the treatment of viral infections, such as flu or colds.**

**Please follow your doctor's instructions with regard to dose, times and duration of treatment carefully.**

**Do not keep this medicine or use it to treat other conditions. If you have any antibiotic remaining at the end of your course of treatment, please return it to your pharmacist, who will dispose of it properly. Do not dispose of any medicines via wastewater or household waste.**

#### Adults

Ciprofloxacin Cinfa is used in adults to treat the following bacterial infections:

- respiratory tract infections
- long lasting or recurring ear or sinus infections
- urinary tract infections
- genital tract infections in men and women
- gastro-intestinal tract infections and intra-abdominal infections
- skin and soft tissue infections

- bone and joint infections
- to prevent infections due to the bacterium *Neisseria meningitidis*
- anthrax inhalation exposure

Ciprofloxacin may be used in the management of patients with low white blood cell counts (neutropenia) who have a fever that is suspected to be due to a bacterial infection.

If you have a severe infection or one that is caused by more than one type of bacterium, you may be given additional antibiotic treatment in addition to Ciprofloxacin.

#### Children and adolescents

Ciprofloxacin Cinfa is used in children and adolescents, under specialist medical supervision, to treat the following bacterial infections:

- lung and bronchial infections in children and adolescents suffering from cystic fibrosis
- complicated urinary tract infections, including infections that have reached the kidneys (pyelonephritis)
- anthrax inhalation exposure

Ciprofloxacin Cinfa may also be used to treat other specific severe infections in children and adolescents when your doctor considered this necessary.

## **2. What you need to know before you take Ciprofloxacin Cinfa**

### **Do not take Ciprofloxacin Cinfa**

- if you are allergic to Ciprofloxacin, to other quinolone drugs or any of the other ingredients of this medicine (listed in section 6)
- taking tizanidine (see section 2: Other medicines and Ciprofloxacin Cinfa)

### **Warnings and precautions**

#### **Before taking this medicine**

You should not take fluoroquinolone/quinolone antibacterial medicines, including Ciprofloxacin, if you have experienced any serious adverse reaction in the past when taking a quinolone or fluoroquinolone. In this situation, you should inform your doctor as soon as possible.

Quinolone antibiotics may cause an increase of your blood sugar levels above normal levels (hyperglycaemia), or lowering of your blood sugar levels below normal levels, potentially leading to loss of consciousness (hypoglycaemic coma) in severe cases (see section 4). This is important for people who have diabetes. If you suffer from diabetes, your blood sugar should be carefully monitored.

### **Talk to your doctor before taking Ciprofloxacin Cinfa**

- if you have ever had kidney problems because your treatment may need to be adjusted
- if you suffer from epilepsy or other neurological conditions
- if you have a history of tendon problems during previous treatment with antibiotics such as Ciprofloxacin
- if you are diabetic because you may experience a risk of hypoglycaemia with Ciprofloxacin
- if you have myasthenia gravis (a type of muscle weakness) because symptoms can be exacerbated.
- **if you have been diagnosed with an enlargement or "bulge" of a large blood vessel (aortic aneurysm or large vessel peripheral aneurysm).**
- if you have experienced a previous episode of aortic dissection (a tear in the aorta wall).
- if you have been diagnosed with leaking heart valves (heart valve regurgitation).
- if you have a family history of aortic aneurysm or aortic dissection or congenital heart valve

disease, or other risk factors or predisposing conditions (e.g. connective tissue disorders such as Marfan syndrome or Ehlers-Danlos syndrome, Turner syndrome, Sjögren's syndrome [an inflammatory autoimmune disease], or vascular disorders such as Takayasu arteritis, giant cell arteritis, Behcet's disease, high blood pressure, or known atherosclerosis, rheumatoid arthritis [a disease of the joints] or endocarditis [an infection of the heart]).

- if you have heart problems. Caution should be taken when using Ciprofloxacin, if you were born with or have family history of prolonged QT interval (seen on ECG, electrical recording of the heart), have salt imbalance in the blood (especially low level of potassium or magnesium in the blood), have a very slow heart rhythm (called 'bradycardia'), have a weak heart (heart failure), have a history of heart attack (myocardial infarction), you are female or elderly or you are taking other medicines that result in abnormal ECG changes (see section 2: "Other medicines and Ciprofloxacin Cinfa").
- if you or a member of your family is known to have a deficiency in glucose-6-phosphate dehydrogenase (G6PD), since you may experience a risk of anaemia with Ciprofloxacin.

For the treatment of some genital tract infections, your doctor can prescribe another antibiotic in addition to Ciprofloxacin. If there is no improvement in symptoms after 3 days of treatment, please consult your doctor.

### **While taking Ciprofloxacin Cinfa**

Tell your doctor immediately, if any of the following occurs **while taking Ciprofloxacin**. Your doctor will decide whether treatment with **Ciprofloxacin** needs to be stopped.

- **If you feel sudden, severe pain in your abdomen, chest or back, which can be symptoms of aortic aneurysm and dissection, go immediately to an emergency room. Your risk may be increased if you are being treated with systemic corticosteroids.**
- If you start experiencing a rapid onset of shortness of breath, especially when you lie down flat in your bed, or you notice swelling of your ankles, feet or abdomen, or a new onset of heart palpitations (sensation of rapid or irregular heartbeat), you should inform a doctor immediately.
- **Severe, sudden allergic reaction** (an anaphylactic reaction/shock, angio-oedema). Even with the first dose, there is a small chance that you may experience a severe allergic reaction with the following symptoms: tightness in the chest, feeling dizzy, sick or faint, or experiencing dizziness when standing up. **If this happens, stop taking Ciprofloxacin and contact your doctor immediately.**
- **Prolonged, disabling and potentially irreversible serious side effects.** Fluoroquinolone/quinolone antibacterial medicines, including Ciprofloxacin, have been associated with very rare but serious side effects, some of them being long lasting (continuing months or years), disabling or potentially irreversible. This includes tendon, muscle and joint pain of the upper and lower limbs, difficulty in walking, abnormal sensations such as pins and needles, tingling, tickling, numbness or burning (paraesthesia), sensory disorders including impairment of vision, taste and smell, and hearing, depression, memory impairment, severe fatigue, and severe sleep disorders.

If you experience any of these side effects after taking Ciprofloxacin Cinfa, contact your doctor immediately prior to continuing treatment. You and your doctor will decide on continuing the treatment considering also an antibiotic from another class.

- **Pain and swelling in the joints and inflammation or rupture of tendons** may occur rarely. Your risk is increased if you are elderly (above 60 years of age), have received an organ transplant, have kidney problems or if you are being treated with corticosteroids. Inflammation and ruptures of tendons may occur within the first 48 hours of treatment and

even up to several months after stopping of Ciprofloxacin therapy. At the first sign of pain or inflammation of a tendon (for example in your ankle, wrist, elbow, shoulder or knee), stop taking Ciprofloxacin, contact your doctor and rest the painful area. Avoid any unnecessary exercise as this might increase the risk of a tendon rupture.

- If you suffer from **epilepsy** or other **neurological conditions** such as cerebral ischemia or stroke, you may experience side effects associated with the central nervous system. If seizures happen, stop taking **Ciprofloxacin** and contact your doctor immediately.
- You may rarely experience symptoms of **nerve damage (neuropathy)** such as pain, burning, tingling, numbness and/or weakness especially in the feet and legs or hands and arms. If this happens, stop taking Ciprofloxacin and inform your doctor immediately in order to prevent the development of potentially irreversible condition.
- You may experience psychiatric reactions the first time you take Ciprofloxacin Cinfa. If you suffer from **depression or psychosis**, your symptoms may become worse under treatment with Ciprofloxacin. In rare cases, depression or psychosis can progress to thoughts of suicide, suicide attempts, or completed suicide. If this happens, stop taking Ciprofloxacin Cinfa and contact your doctor immediately.
- **Diarrhoea** may develop while you are taking antibiotics, including **Ciprofloxacin**, or even several weeks after you have stopped taking them. If it becomes severe or persistent or you notice that your stool contains blood or mucus, stop taking Ciprofloxacin and contact your doctor immediately, as this can be life-threatening. Do not take medicines that stop or slow down bowel movements.
- If your **eyesight becomes impaired** or if your eyes seem to be otherwise affected, consult an eye specialist immediately.
- Your skin becomes more **sensitive to sunlight or ultraviolet (UV) light** when taking Ciprofloxacin. Avoid exposure to strong sunlight, or artificial UV light such as sunbeds.
- Tell the doctor or laboratory staff that you are taking Ciprofloxacin if you have to provide a **blood or urine sample**.
- If you suffer from **kidney problems**, tell the doctor because your dose may need to be adjusted.
- Ciprofloxacin may cause **liver damage**. If you notice any symptoms such as loss of appetite, jaundice (yellowing of the skin), dark urine, itching, or tenderness of the stomach, contact your doctor immediately.
- Ciprofloxacin may cause a reduction in the number of white blood cells and your **resistance to infection may be decreased**. If you experience an infection with symptoms such as fever and serious deterioration of your general condition, or fever with local infection symptoms such as sore throat/pharynx/mouth or urinary problems you should see your doctor immediately. A blood test will be taken to check possible reduction of white blood cells (agranulocytosis). It is important to inform your doctor about your medicine.

#### **Other medicines and Ciprofloxacin Cinfa**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

**Do not take Ciprofloxacin together with tizanidine**, because this may cause side effects such as low blood pressure and sleepiness (see section 2: "What you need to know before you take Ciprofloxacin Cinfa").

The following medicines are known to interact with Ciprofloxacin in your body. Taking Ciprofloxacin together with these medicines can influence the therapeutic effect of those medicines. It can also increase the probability of experiencing side effects.

**Tell your doctor if you are taking:**

- vitamin K antagonists (e.g., warfarin, acenocoumarol, phenprocoumon, or fluindione) or other oral anti-coagulants (to thin the blood)
- probenecid (for gout)
- methotrexate (for certain types of cancer, psoriasis, rheumatoid arthritis)
- theophylline (for breathing problems)
- tizanidine (for muscle spasticity in multiple sclerosis)
- olanzapine (an antipsychotic)
- clozapine (an antipsychotic)
- ropinirole (for Parkinson's disease)
- phenytoin (for epilepsy)
- metoclopramide (for nausea and vomiting)
- cyclosporin (for skin conditions, rheumatoid arthritis and in organ transplantation)
- Other medicines that can alter your heart rhythm: medicines that belong to the group of anti-arrhythmics (e.g. quinidine, hydroquinidine, disopyramide, amiodarone, sotalol, dofetilide, ibutilide) tricyclic antidepressants, some antimicrobials (that belong to the group of macrolide) and some antipsychotics.
- Zolpidem (for sleep disorders)

Ciprofloxacin may **increase** the levels of the following medicines in your blood:

- pentoxifylline (for circulatory disorders)
- caffeine
- duloxetine (for depression, diabetic nerve damage or incontinence)
- lidocaine (for heart conditions or anaesthetic use)
- sildenafil (e.g. for erectile dysfunction)
- agomelatine (for depression)

Some medicines **reduce** the effect of Ciprofloxacin. Tell your doctor if you take or wish to take:

- antacids
- omeprazole
- mineral supplements
- sucralfate
- a polymeric phosphate binder (e.g. sevelamer or lanthanum carbonate)
- medicines or supplements containing calcium, magnesium, aluminium or iron

If these preparations are essential, take Ciprofloxacin about **two hours before** or no sooner than **four hours after** them.

**Ciprofloxacin with food and drink**

Unless you take Ciprofloxacin during meals, do not eat or drink any dairy products (such as milk or yoghurt) or drinks with added calcium when you take the tablets, as they may affect the absorption of the active substance.

**Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

It is preferable to avoid the use of Ciprofloxacin during pregnancy.

Do not take Ciprofloxacin during breast feeding because Ciprofloxacin is excreted in breast milk and can be harmful for your child.

### **Driving and using machines**

Ciprofloxacin may make you feel less alert. Some neurological adverse events can occur. Therefore, make sure you know how you react to Ciprofloxacin before driving a vehicle or operating machinery. If in doubt, talk to your doctor.

### **Ciprofloxacin Cinfa contains sodium**

This medicine contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially 'sodium-free'.

## **3. How to take Ciprofloxacin Cinfa**

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Your doctor will explain to you exactly how much Ciprofloxacin you will have to take as well as how often and for how long. This will depend on the type of infection you have and how bad it is.

Tell your doctor if you suffer from kidney problems because your dose may need to be adjusted.

The treatment usually lasts from 5 to 21 days, but may take longer for severe infections.

- Swallow the tablets with plenty of fluid. Do not chew the tablets because they do not taste nice.
- Do try to take the tablets at around the same time every day.
- You can take the tablets at mealtimes or between meals. Any calcium you take as part of a meal will not seriously affect uptake. However, do not take Ciprofloxacin tablets with dairy products such as milk or yoghurt or with fortified fruit juices (e.g. calcium-fortified orange juice).

Remember to drink plenty of fluids while you are taking this medicine.

The score line is only there to help you break the tablet if you have difficulty swallowing it whole.

### **If you take more Ciprofloxacin Cinfa than you should**

If you take more than the prescribed dose, get medical help immediately. If possible, take your tablets or the box with you to show the doctor.

### **If you forget to take Ciprofloxacin Cinfa**

Take the normal dose as soon as possible and then continue as prescribed. However, if it is almost time for your next dose, do not take the missed dose and continue as usual. Do not take a double dose to make up for a forgotten dose.

Be sure to complete your course of treatment.

### **If you stop taking Ciprofloxacin Cinfa**

It is important that you **finish the course of treatment** even if you begin to feel better after a few days. If you stop taking this medicine too soon, your infection may not be completely cured and the symptoms of the infection may return or get worse. You might also develop resistance to the antibiotic.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

## **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

The following section contains the most serious side effects that you may recognise for yourself.

**Stop taking Ciprofloxacin and contact your doctor immediately** to consider other antibiotic treatment if you notice any of the following side effects.

**Rare** (may affect up to 1 in 1,000 people):

- seizures (see section 2: Warnings and precautions).

**Very rare** (may affect up to 1 in 10,000 people):

- severe and sudden allergic reaction with symptoms such as tightness in the chest, feeling dizzy, nausea or faint, or experiencing dizziness when standing up (anaphylactic shock or reaction) (see section 2: "Warnings and precautions"),
- muscle weakness, inflammation of the tendons which can result in tendon rupture, particularly affecting the large tendon at the back of the ankle (Achilles tendon) (see section 2: "Warnings and precautions"),
- life-threatening skin rashes, generally as sores or ulcers in the mouth, throat, nose, eyes and other mucous membranes, such as the genitals, which may progress to the formation of generalised sores or peeling of the skin (Stevens-Johnson syndrome, toxic epidermal necrolysis)

**Not known** (frequency cannot be estimated from the available data)

- unusual feelings of pain, burning, tingling, numbness or muscle weakness in the extremities (neuropathy) (see section 2: "Warnings and precautions"),
- a reaction to a drug that causes rash, fever, inflammation of the internal organs, haematological disorders and systemic disease (DRESS- Drug Reaction with Eosinophilia and Systemic Symptoms, PEAG- Acute Generalised Exanthematous Pustulosis)

Other adverse effects that have been observed during treatment with Ciprofloxacin are listed below according to their frequency:

**Common** (may affect up to 1 in 10 people):

- nausea, diarrhoea
- joint pain and joint inflammation in children

**Uncommon** (may affect up to 1 in 100 people):

- joint pain in adults
- fungal superinfections (by fungus)
- a high concentration of eosinophils, a type of white blood cell
- decreased appetite
- hyperactivity or agitation
- headache, dizziness, sleeping problems, or taste disorders
- vomiting, abdominal pain, digestive problems such as stomach upset (indigestion/heartburn), or wind
- increased amounts of certain substances in the blood (transaminases and/or bilirubin)
- rash, itching, or hives
- poor kidney function
- pains in your muscles and bones, feeling unwell (asthenia), or fever
- increase in blood alkaline phosphatase (a certain substance in the blood)

**Rare** (may affect up to 1 in 1,000 people):

- muscle pain, inflammation of the joints, increased muscle tone, or cramp
- inflammation of the bowel (colitis) linked to antibiotic use (can be fatal in very rare cases)

(see section 2: “Warnings and precautions”)

- changes to the blood count (leukopenia, leukocytosis, neutropenia, anaemia), increased or decreased amounts of a blood clotting factor (thrombocytes)
- allergic reaction, swelling (oedema), or rapid swelling of the skin and mucous membranes (angioedema) (see section 2: “Warnings and precautions”)
- increased blood sugar (hyperglycaemia)
- decreased blood sugar (hypoglycaemia) (see section 2: “Warnings and precautions”)
- confusion, disorientation, anxiety reactions, strange dreams, depression (potentially leading to thoughts of suicide, suicide attempts, or completed suicide) (see section 2: “Warnings and precautions”), or hallucinations
- pins and needles, unusual sensitivity to stimuli of the senses, decreased skin sensitivity, tremors, or giddiness
- eyesight problems (including double vision) (see section 2: “Warnings and precautions”)
- tinnitus, loss of hearing, impaired hearing
- rapid heartbeat (tachycardia)
- expansion of blood vessels (vasodilation), low blood pressure, or fainting
- shortness of breath, including asthmatic symptoms
- liver disorders, jaundice (cholestatic icterus), or hepatitis
- sensitivity to light (see section 2: “Warnings and precautions”)
- kidney failure, blood or crystals in the urine, urinary tract inflammation
- fluid retention or excessive sweating
- increased levels of the enzyme amylase

**Very rare** (may affect up to 1 in 10,000 people):

- a special type of reduced red blood cell count (haemolytic anaemia); a dangerous drop in a type of white blood cells (agranulocytosis) (see section 2: “Warnings and precautions”); a drop in the number of red and white blood cells and platelets (pancytopenia), which may be fatal; and bone marrow depression, which may also be fatal
- allergic reaction called serum sickness similar reaction (see section 2: “Warnings and precautions”)
- mental disturbances (psychotic reactions potentially leading to thoughts of suicide, suicide attempts, or completed suicide) (see section 2: “Warnings and precautions”)
- migraine, disturbed coordination, unsteady walk (gait disturbance), disorder of sense of smell (olfactory disorders), pressure on the brain (intracranial pressure and cerebral pseudotumor)
- visual colour distortions
- inflammation of the wall of the blood vessels (vasculitis)
- pancreatitis
- death of liver cells (liver necrosis) very rarely leading to life-threatening liver failure (see section 2: “Warnings and precautions”)
- small, pin-point bleeding under the skin (petechiae); various skin eruptions or rashes
- worsening of the symptoms of myasthenia gravis (see section 2: “Warnings and precautions”)

**Not known** (frequency cannot be estimated from the available data):

- syndrome associated with impaired water excretion and low levels of sodium (SIADH)
- feeling highly excited (mania) or feeling great optimism and overactivity (hypomania),
- abnormal fast heart rhythm, life-threatening irregular heart rhythm, alteration of the heart rhythm (called ‘prolongation of QT interval’, seen on ECG, electrical activity of the heart).
- influence on blood clotting (in patients treated with Vitamin K antagonists)
- loss of consciousness due to severe decrease in blood sugar levels (hypoglycaemic coma). See section 2.

Very rare cases of long lasting ( up to months or years) or permanent adverse drug reactions, such as tendon inflammations, tendon rupture, joint pain, pain in the limbs, difficulty in walking, abnormal sensations such as pins and needles, tingling, tickling, burning, numbness or pain



(neuropathy), depression, fatigue, sleep disorders, memory impairment, as well as impairment of hearing, vision, and taste and smell have been associated with administration of quinolone and fluoroquinolone antibiotics, in some cases irrespective of pre-existing risk factors.

Cases of an enlargement and weakening of the aortic wall or a tear in the aortic wall (aneurysms and dissections), which may rupture and may be fatal, and of leaking heart valves have been reported in patients receiving fluoroquinolones. See also section 2.

### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store Ciprofloxacin Cinfa**

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the blister or carton after “EXP”: The expiry date refers to the last day of that month.

Do not store at temperatures above 25°C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Contents of the pack and other information**

### **What Ciprofloxacin Cinfa contains**

- The active substance is Ciprofloxacin (hydrochloride). Each coated tablet contains 250 mg of Ciprofloxacin (hydrochloride).
- The other excipients are: croscarmellose sodium, microcrystalline cellulose (E-460), anhydrous colloidal silica, gluten-free maize starch, sodium lauryl sulphate, magnesium stearate (E-470b), talc (E-553b) hypromellose (E-464), titanium dioxide (E- 171), macrogol 400.

### **What Ciprofloxacin Cinfa looks like and contents of the pack**

Ciprofloxacin Cinfa 250 mg are white coated tablets, biconvex, cylindrical, debossed with “C250C” on one side and y plain on the other side.

The coated tablets are packed in PVC-PVDC/Aluminium blisters. Each pack contains 14 coated tablets.

Not all pack sizes may be marketed.

### **Marketing Authorisation Holder and Manufacturer**

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31620, Huarte (Navarra) Spain

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**This leaflet was last revised in May 2021**

**Advice/medical education**

Antibiotics are used to cure bacterial infections. They are ineffective against viral infections. If your doctor has prescribed antibiotics, you need them precisely for your current illness.

Despite antibiotics, some bacteria may survive or grow. This phenomenon is called resistance: some antibiotic treatments become ineffective.

Misuse of antibiotics increases resistance. You may even help bacteria become resistant and therefore delay your cure or decrease antibiotic efficacy if you do not respect appropriate:

- dosages
- schedules
- duration of treatment.

Consequently, to preserve the efficacy of this drug:

- 1 Use antibiotics only when prescribed.
- 2 Strictly follow the prescription.
- 3 Do not re-use an antibiotic without medical prescription, even if you want to treat a similar illness.
- 4 Never give your antibiotic to another person; maybe it is not adapted to her/his illness.
- 5 After completion of treatment, return all unused drugs to your chemist's shop to ensure they will be disposed of correctly.

## Package leaflet: Information for the user

### Ciprofloxacin Cinfa 500 mg coated tablets ciprofloxacin hydrochloride

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

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#### 1. What Ciprofloxacin Cinfa is and what it is used for

Ciprofloxacin Cinfa contains the active substance ciprofloxacin. Ciprofloxacin is an antibiotic belonging to the fluoroquinolone family. Ciprofloxacin works by killing bacteria that cause infections. It only works with specific strains of bacteria.

**Antibiotics are used to treat bacterial infections. They are not effective in the treatment of viral infections, such as flu or colds.**

**Please follow your doctor's instructions with regard to dose, times and duration of treatment carefully.**

**Do not keep this medicine or use it to treat other conditions. If you have any antibiotic remaining at the end of your course of treatment, please return it to your pharmacist, who will dispose of it properly. Do not dispose of any medicines via wastewater or household waste.**

#### Adults

Ciprofloxacin Cinfa is used in adults to treat the following bacterial infections:

- respiratory tract infections
- long lasting or recurring ear or sinus infections
- urinary tract infections
- genital tract infections in men and women
- gastro-intestinal tract infections and intra-abdominal infections
- skin and soft tissue infections
- bone and joint infections

- to prevent infections due to the bacterium *Neisseria meningitidis*
- anthrax inhalation exposure

Ciprofloxacin may be used in the management of patients with low white blood cell counts (neutropenia) who have a fever that is suspected to be due to a bacterial infection.

If you have a severe infection or one that is caused by more than one type of bacterium, you may be given additional antibiotic treatment in addition to ciprofloxacin.

### Children and adolescents

Ciprofloxacin Cinfa is used in children and adolescents, under specialist medical supervision, to treat the following bacterial infections:

- lung and bronchial infections in children and adolescents suffering from cystic fibrosis
- complicated urinary tract infections, including infections that have reached the kidneys (pyelonephritis)
- anthrax inhalation exposure

Ciprofloxacin Cinfa may also be used to treat other specific severe infections in children and adolescents when your doctor considered this necessary.

## **2. What you need to know before you take Ciprofloxacin Cinfa**

### **Do not take Ciprofloxacin Cinfa**

- if you are allergic to ciprofloxacin, to other quinolone drugs or any of the other ingredients of this medicine (listed in section 6)
- taking tizanidine (see section 2: Other medicines and Ciprofloxacin Cinfa)

### **Warnings and precautions**

#### **Before taking this medicine**

You should not take fluoroquinolone/quinolone antibacterial medicines, including ciprofloxacin, if you have experienced any serious adverse reaction in the past when taking a quinolone or fluoroquinolone. In this situation, you should inform your doctor as soon as possible.

Quinolone antibiotics may cause an increase of your blood sugar levels above normal levels (hyperglycaemia), or lowering of your blood sugar levels below normal levels, potentially leading to loss of consciousness (hypoglycaemic coma) in severe cases (see section 4). This is important for people who have diabetes. If you suffer from diabetes, your blood sugar should be carefully monitored.

### **Talk to your doctor before taking Ciprofloxacin Cinfa**

- if you have ever had kidney problems because your treatment may need to be adjusted
- if you suffer from epilepsy or other neurological conditions
- if you have a history of tendon problems during previous treatment with antibiotics such as ciprofloxacin
- if you are diabetic because you may experience a risk of hypoglycaemia with ciprofloxacin
- if you have myasthenia gravis (a type of muscle weakness) because symptoms can be exacerbated.
- **if you have been diagnosed with an enlargement or "bulge" of a large blood vessel (aortic aneurysm or large vessel peripheral aneurysm).**
- if you have experienced a previous episode of aortic dissection (a tear in the aorta wall).
- if you have been diagnosed with leaking heart valves (heart valve regurgitation).
- if you have a family history of aortic aneurysm or aortic dissection or congenital heart valve disease, or other risk factors or predisposing conditions (e.g. connective tissue disorders such as

Marfan syndrome or Ehlers-Danlos syndrome, Turner syndrome, Sjögren's syndrome [an inflammatory autoimmune disease], or vascular disorders such as Takayasu arteritis, giant cell arteritis, Behcet's disease, high blood pressure, or known atherosclerosis, rheumatoid arthritis [a disease of the joints] or endocarditis [an infection of the heart]).

- if you have heart problems. Caution should be taken when using Ciprofloxacin, if you were born with or have family history of prolonged QT interval (seen on ECG, electrical recording of the heart), have salt imbalance in the blood (especially low level of potassium or magnesium in the blood), have a very slow heart rhythm (called 'bradycardia'), have a weak heart (heart failure), have a history of heart attack (myocardial infarction), you are female or elderly or you are taking other medicines that result in abnormal ECG changes (see section 2: "Other medicines and Ciprofloxacin Cinfa").
- if you or a member of your family is known to have a deficiency in glucose-6-phosphate dehydrogenase (G6PD), since you may experience a risk of anaemia with ciprofloxacin.

For the treatment of some genital tract infections, your doctor can prescribe another antibiotic in addition to ciprofloxacin. If there is no improvement in symptoms after 3 days of treatment, please consult your doctor.

### **While taking Ciprofloxacin Cinfa**

Tell your doctor immediately, if any of the following occurs **while taking ciprofloxacin**. Your doctor will decide whether treatment with **ciprofloxacin** needs to be stopped.

- **If you feel sudden, severe pain in your abdomen, chest or back, which can be symptoms of aortic aneurysm and dissection, go immediately to an emergency room. Your risk may be increased if you are being treated with systemic corticosteroids.**
- **If you start experiencing a rapid onset of shortness of breath, especially when you lie down flat in your bed, or you notice swelling of your ankles, feet or abdomen, or a new onset of heart palpitations (sensation of rapid or irregular heartbeat), you should inform a doctor immediately.**
- **Severe, sudden allergic reaction** (an anaphylactic reaction/shock, angio-oedema). Even with the first dose, there is a small chance that you may experience a severe allergic reaction with the following symptoms: tightness in the chest, feeling dizzy, sick or faint, or experiencing dizziness when standing up. **If this happens, stop taking ciprofloxacin and contact your doctor immediately.**
- **Prolonged, disabling and potentially irreversible serious side effects.** Fluoroquinolone/quinolone antibacterial medicines, including ciprofloxacin, have been associated with very rare but serious side effects, some of them being long lasting (continuing months or years), disabling or potentially irreversible. This includes tendon, muscle and joint pain of the upper and lower limbs, difficulty in walking, abnormal sensations such as pins and needles, tingling, tickling, numbness or burning (paraesthesia), sensory disorders including impairment of vision, taste and smell, and hearing, depression, memory impairment, severe fatigue, and severe sleep disorders.

If you experience any of these side effects after taking Ciprofloxacin Cinfa, contact your doctor immediately prior to continuing treatment. You and your doctor will decide on continuing the treatment considering also an antibiotic from another class.

- **Pain and swelling in the joints and inflammation or rupture of tendons** may occur rarely. Your risk is increased if you are elderly (above 60 years of age), have received an organ transplant, have kidney problems or if you are being treated with corticosteroids. Inflammation and ruptures of tendons may occur within the first 48 hours of treatment and

even up to several months after stopping of ciprofloxacin therapy. At the first sign of pain or inflammation of a tendon (for example in your ankle, wrist, elbow, shoulder or knee), stop taking ciprofloxacin, contact your doctor and rest the painful area. Avoid any unnecessary exercise as this might increase the risk of a tendon rupture.

- If you suffer from **epilepsy** or other **neurological conditions** such as cerebral ischemia or stroke, you may experience side effects associated with the central nervous system. If seizures happen, stop taking **ciprofloxacin** and contact your doctor immediately.
- You may rarely experience symptoms of **nerve damage (neuropathy)** such as pain, burning, tingling, numbness and/or weakness especially in the feet and legs or hands and arms. If this happens, stop taking ciprofloxacin and inform your doctor immediately in order to prevent the development of potentially irreversible condition.
- You may experience psychiatric reactions the first time you take Ciprofloxacin Cinfa. If you suffer from **depression or psychosis**, your symptoms may become worse under treatment with ciprofloxacin. In rare cases, depression or psychosis can progress to thoughts of suicide, suicide attempts, or completed suicide. If this happens, stop taking Ciprofloxacin Cinfa and contact your doctor immediately.
- **Diarrhoea** may develop while you are taking antibiotics, including **ciprofloxacin**, or even several weeks after you have stopped taking them. If it becomes severe or persistent or you notice that your stool contains blood or mucus, stop taking ciprofloxacin and contact your doctor immediately, as this can be life-threatening. Do not take medicines that stop or slow down bowel movements.
- If your **eyesight becomes impaired** or if your eyes seem to be otherwise affected, consult an eye specialist immediately.
- Your skin becomes more **sensitive to sunlight or ultraviolet (UV) light** when taking ciprofloxacin. Avoid exposure to strong sunlight, or artificial UV light such as sunbeds.
- Tell the doctor or laboratory staff that you are taking ciprofloxacin if you have to provide a **blood or urine sample**.
- If you suffer from **kidney problems**, tell the doctor because your dose may need to be adjusted.
- Ciprofloxacin may cause **liver damage**. If you notice any symptoms such as loss of appetite, jaundice (yellowing of the skin), dark urine, itching, or tenderness of the stomach, contact your doctor immediately.
- Ciprofloxacin may cause a reduction in the number of white blood cells and your **resistance to infection may be decreased**. If you experience an infection with symptoms such as fever and serious deterioration of your general condition, or fever with local infection symptoms such as sore throat/pharynx/mouth or urinary problems you should see your doctor immediately. A blood test will be taken to check possible reduction of white blood cells (agranulocytosis). It is important to inform your doctor about your medicine.

#### **Other medicines and Ciprofloxacin Cinfa**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

**Do not take ciprofloxacin together with tizanidine**, because this may cause side effects such as low blood pressure and sleepiness (see section 2: "What you need to know before you take Ciprofloxacin Cinfa").

The following medicines are known to interact with ciprofloxacin in your body. Taking ciprofloxacin together with these medicines can influence the therapeutic effect of those medicines. It can also increase the probability of experiencing side effects.

**Tell your doctor if you are taking:**

- vitamin K antagonists (e.g., warfarin, acenocoumarol, phenprocoumon, or fluindione) or other oral anti-coagulants (to thin the blood)
- probenecid (for gout)
- methotrexate (for certain types of cancer, psoriasis, rheumatoid arthritis)
- theophylline (for breathing problems)
- tizanidine (for muscle spasticity in multiple sclerosis)
- olanzapine (an antipsychotic)
- clozapine (an antipsychotic)
- ropinirole (for Parkinson's disease)
- phenytoin (for epilepsy)
- metoclopramide (for nausea and vomiting)
- cyclosporin (for skin conditions, rheumatoid arthritis and in organ transplantation)
- Other medicines that can alter your heart rhythm: medicines that belong to the group of anti-arrhythmics (e.g. quinidine, hydroquinidine, disopyramide, amiodarone, sotalol, dofetilide, ibutilide) tricyclic antidepressants, some antimicrobials (that belong to the group of macrolide) and some antipsychotics.
- Zolpidem (for sleep disorders)

Ciprofloxacin may **increase** the levels of the following medicines in your blood:

- pentoxifylline (for circulatory disorders)
- caffeine
- duloxetine (for depression, diabetic nerve damage or incontinence)
- lidocaine (for heart conditions or anaesthetic use)
- sildenafil (e.g. for erectile dysfunction)
- agomelatine (for depression)

Some medicines **reduce** the effect of ciprofloxacin. Tell your doctor if you take or wish to take:

- antacids
- omeprazole
- mineral supplements
- sucralfate
- a polymeric phosphate binder (e.g. sevelamer or lanthanum carbonate)
- medicines or supplements containing calcium, magnesium, aluminium or iron

If these preparations are essential, take ciprofloxacin about **two hours before** or no sooner than **four hours after** them.

**Ciprofloxacin with food and drink**

Unless you take ciprofloxacin during meals, do not eat or drink any dairy products (such as milk or yoghurt) or drinks with added calcium when you take the tablets, as they may affect the absorption of the active substance.

**Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

It is preferable to avoid the use of ciprofloxacin during pregnancy.

Do not take ciprofloxacin during breast feeding because ciprofloxacin is excreted in breast milk and can be harmful for your child.

### **Driving and using machines**

Ciprofloxacin may make you feel less alert. Some neurological adverse events can occur. Therefore, make sure you know how you react to ciprofloxacin before driving a vehicle or operating machinery. If in doubt, talk to your doctor.

### **Ciprofloxacin Cinfa contains sodium**

This medicine contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially 'sodium-free'.

## **3. How to take Ciprofloxacin Cinfa**

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Your doctor will explain to you exactly how much ciprofloxacin you will have to take as well as how often and for how long. This will depend on the type of infection you have and how bad it is.

Tell your doctor if you suffer from kidney problems because your dose may need to be adjusted.

The treatment usually lasts from 5 to 21 days, but may take longer for severe infections.

- Swallow the tablets with plenty of fluid. Do not chew the tablets because they do not taste nice.
- Do try to take the tablets at around the same time every day.
- You can take the tablets at mealtimes or between meals. Any calcium you take as part of a meal will not seriously affect uptake. However, do not take ciprofloxacin tablets with dairy products such as milk or yoghurt or with fortified fruit juices (e.g. calcium-fortified orange juice).

Remember to drink plenty of fluids while you are taking this medicine.

The score line is only there to help you break the tablet if you have difficulty swallowing it whole.

### **If you take more Ciprofloxacin Cinfa than you should**

If you take more than the prescribed dose, get medical help immediately. If possible, take your tablets or the box with you to show the doctor.

### **If you forget to take Ciprofloxacin Cinfa**

Take the normal dose as soon as possible and then continue as prescribed. However, if it is almost time for your next dose, do not take the missed dose and continue as usual. Do not take a double dose to make up for a forgotten dose.

Be sure to complete your course of treatment.

### **If you stop taking Ciprofloxacin Cinfa**

It is important that you **finish the course of treatment** even if you begin to feel better after a few days. If you stop taking this medicine too soon, your infection may not be completely cured and the symptoms of the infection may return or get worse. You might also develop resistance to the antibiotic.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

## **4. Possible side effects**



Like all medicines, this medicine can cause side effects, although not everybody gets them.

The following section contains the most serious side effects that you may recognise for yourself.

**Stop taking ciprofloxacin and contact your doctor immediately** to consider other antibiotic treatment if you notice any of the following side effects.

**Rare** (may affect up to 1 in 1,000 people):

- seizures (see section 2: Warnings and precautions).

**Very rare** (may affect up to 1 in 10,000 people):

- severe and sudden allergic reaction with symptoms such as tightness in the chest, feeling dizzy, nausea or faint, or experiencing dizziness when standing up (anaphylactic shock or reaction) (see section 2: "Warnings and precautions"),
- muscle weakness, inflammation of the tendons which can result in tendon rupture, particularly affecting the large tendon at the back of the ankle (Achilles tendon) (see section 2: "Warnings and precautions"),
- life-threatening skin rashes, generally as sores or ulcers in the mouth, throat, nose, eyes and other mucous membranes, such as the genitals, which may progress to the formation of generalised sores or peeling of the skin (Stevens-Johnson syndrome, toxic epidermal necrolysis)

**Not known** (frequency cannot be estimated from the available data)

- unusual feelings of pain, burning, tingling, numbness or muscle weakness in the extremities (neuropathy) (see section 2: "Warnings and precautions"),
- a reaction to a drug that causes rash, fever, inflammation of the internal organs, haematological disorders and systemic disease (DRESS- Drug Reaction with Eosinophilia and Systemic Symptoms, PEAG- Acute Generalised Exanthematous Pustulosis)

Other adverse effects that have been observed during treatment with ciprofloxacin are listed below according to their frequency:

**Common** (may affect up to 1 in 10 people):

- nausea, diarrhoea
- joint pain and joint inflammation in children

**Uncommon** (may affect up to 1 in 100 people):

- joint pain in adults
- fungal superinfections (by fungus)
- a high concentration of eosinophils, a type of white blood cell
- decreased appetite
- hyperactivity or agitation
- headache, dizziness, sleeping problems, or taste disorders
- vomiting, abdominal pain, digestive problems such as stomach upset (indigestion/heartburn), or wind
- increased amounts of certain substances in the blood (transaminases and/or bilirubin)
- rash, itching, or hives
- poor kidney function
- pains in your muscles and bones, feeling unwell (asthenia), or fever
- increase in blood alkaline phosphatase (a certain substance in the blood)

**Rare** (may affect up to 1 in 1,000 people):

- muscle pain, inflammation of the joints, increased muscle tone, or cramp
- inflammation of the bowel (colitis) linked to antibiotic use (can be fatal in very rare cases)

(see section 2: “Warnings and precautions”)

- changes to the blood count (leukopenia, leukocytosis, neutropenia, anaemia), increased or decreased amounts of a blood clotting factor (thrombocytes)
- allergic reaction, swelling (oedema), or rapid swelling of the skin and mucous membranes (angioedema) (see section 2: “Warnings and precautions”)
- increased blood sugar (hyperglycaemia)
- decreased blood sugar (hypoglycaemia) (see section 2: “Warnings and precautions”)
- confusion, disorientation, anxiety reactions, strange dreams, depression (potentially leading to thoughts of suicide, suicide attempts, or completed suicide) (see section 2: “Warnings and precautions”), or hallucinations
- pins and needles, unusual sensitivity to stimuli of the senses, decreased skin sensitivity, tremors, or giddiness
- eyesight problems (including double vision) (see section 2: “Warnings and precautions”)
- tinnitus, loss of hearing, impaired hearing
- rapid heartbeat (tachycardia)
- expansion of blood vessels (vasodilation), low blood pressure, or fainting
- shortness of breath, including asthmatic symptoms
- liver disorders, jaundice (cholestatic icterus), or hepatitis
- sensitivity to light (see section 2: “Warnings and precautions”)
- kidney failure, blood or crystals in the urine, urinary tract inflammation
- fluid retention or excessive sweating
- increased levels of the enzyme amylase

**Very rare** (may affect up to 1 in 10,000 people):

- a special type of reduced red blood cell count (haemolytic anaemia); a dangerous drop in a type of white blood cells (agranulocytosis) (see section 2: “Warnings and precautions”); a drop in the number of red and white blood cells and platelets (pancytopenia), which may be fatal; and bone marrow depression, which may also be fatal
- allergic reaction called serum sickness similar reaction (see section 2: “Warnings and precautions”)
- mental disturbances (psychotic reactions potentially leading to thoughts of suicide, suicide attempts, or completed suicide) (see section 2: “Warnings and precautions”)
- migraine, disturbed coordination, unsteady walk (gait disturbance), disorder of sense of smell (olfactory disorders), pressure on the brain (intracranial pressure and cerebral pseudotumor)
- visual colour distortions
- inflammation of the wall of the blood vessels (vasculitis)
- pancreatitis
- death of liver cells (liver necrosis) very rarely leading to life-threatening liver failure (see section 2: “Warnings and precautions”)
- small, pin-point bleeding under the skin (petechiae); various skin eruptions or rashes
- worsening of the symptoms of myasthenia gravis (see section 2: “Warnings and precautions”)

**Not known** (frequency cannot be estimated from the available data):

- syndrome associated with impaired water excretion and low levels of sodium (SIADH)
- feeling highly excited (mania) or feeling great optimism and overactivity (hypomania),
- abnormal fast heart rhythm, life-threatening irregular heart rhythm, alteration of the heart rhythm (called ‘prolongation of QT interval’, seen on ECG, electrical activity of the heart).
- influence on blood clotting (in patients treated with Vitamin K antagonists)
- loss of consciousness due to severe decrease in blood sugar levels (hypoglycaemic coma). See section 2.

Very rare cases of long lasting ( up to months or years) or permanent adverse drug reactions, such as tendon inflammations, tendon rupture, joint pain, pain in the limbs, difficulty in walking, abnormal sensations such as pins and needles, tingling, tickling, burning, numbness or pain

(neuropathy), depression, fatigue, sleep disorders, memory impairment, as well as impairment of hearing, vision, and taste and smell have been associated with administration of quinolone and fluoroquinolone antibiotics, in some cases irrespective of pre-existing risk factors.

Cases of an enlargement and weakening of the aortic wall or a tear in the aortic wall (aneurysms and dissections), which may rupture and may be fatal, and of leaking heart valves have been reported in patients receiving fluoroquinolones. See also section 2.

### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store Ciprofloxacin Cinfa**

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the blister or carton after "EXP": The expiry date refers to the last day of that month.

Do not store at temperatures above 25°C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Contents of the pack and other information**

### **What Ciprofloxacin Cinfa contains**

- The active substance is ciprofloxacin (hydrochloride). Each coated tablet contains 500 mg of ciprofloxacin (hydrochloride).
- The other excipients are: croscarmellose sodium, microcrystalline cellulose (E-460), anhydrous colloidal silica, gluten-free maize starch, sodium lauryl sulphate, magnesium stearate (E-470b), talc (E-553b) hypromellose (E-464), titanium dioxide (E- 171), macrogol 400.

### **What Ciprofloxacin Cinfa looks like and contents of the pack**

Ciprofloxacin Cinfa 500 mg are white coated tablets, oval, debossed with "C500C" on one side and scored on the other side.

The coated tablets are packed in PVC-PVDC/Aluminium blisters. Each pack contains 14 coated tablets.

Not all pack sizes may be marketed.

### **Marketing Authorisation Holder and Manufacturer**

Laboratorios Cinfa, S.A.

Carretera Olaz-Chipi, 10. Polígono Industrial Areta,  
31620, Huarte (Navarra) Spain

**This leaflet was last revised in May 2021**

**Advice/medical education**

Antibiotics are used to cure bacterial infections. They are ineffective against viral infections. If your doctor has prescribed antibiotics, you need them precisely for your current illness.

Despite antibiotics, some bacteria may survive or grow. This phenomenon is called resistance: some antibiotic treatments become ineffective.

Misuse of antibiotics increases resistance. You may even help bacteria become resistant and therefore delay your cure or decrease antibiotic efficacy if you do not respect appropriate:

- dosages
- schedules
- duration of treatment.

Consequently, to preserve the efficacy of this drug:

- 1 Use antibiotics only when prescribed.
- 2 Strictly follow the prescription.
- 3 Do not re-use an antibiotic without medical prescription, even if you want to treat a similar illness.
- 4 Never give your antibiotic to another person; maybe it is not adapted to her/his illness.
- 5 After completion of treatment, return all unused drugs to your chemist's shop to ensure they will be disposed of correctly.